

NEUROFEEDBACK SIMPLIFIED

Neurofeedback (EEG biofeedback) enables people to alter their brain's electrical activity and strengthens the brain's ability to change, heal and become regulated. It is extremely effective, because symptoms are often related to dysregulation of a system of neural connections and various electrical frequencies, rather than injury to a specific location within the brain.

How it works

During a neurofeedback session, sounds and lights display the speed and intensity of one's brainwaves. The software is able to monitor specific maladaptive behaviors as well. For example, if someone is obsessing, becoming anxious, or clenching teeth, the computer will say so & give the client the help they need to calm themselves down. It will also provide positive information when someone is deeply engaged & enjoying a relaxed state of mind.

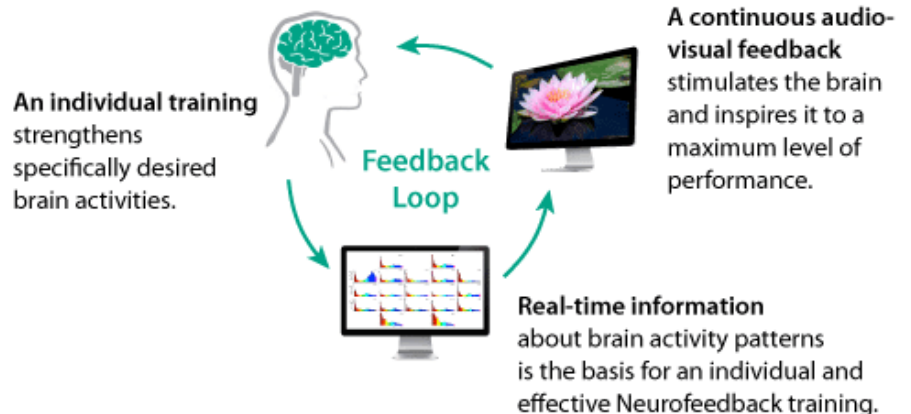
A Research-Driven Treatment!*

Neurofeedback may be for you if you suffer from the following symptoms:

- *ADD/ADHD*
- *Anxiety/Depression*
- *Autism/Learning Disabilities*
- *Chronic Illness/Pain*
- *Headaches/Migraines*
- *Insomnia*
- *Post Traumatic Stress Disorder*
- *Substance Use Disorder*

**Harvard, UCLA, UNIFESP (Brazil),
Yeungnam University College (Korea)*

What happens during a session?



Changes in the brain's frequency may provide new levels of self-awareness, greater flexibility, & more focus, simultaneously helping to reduce symptoms. Many individuals report positive results after just a few sessions!

Call TODAY!

Christina Vescovo - Marinaedelman.com - 818-851-1293

32107 Lindero Canyon Road, Suite 202/203, Westlake Village, CA 91361